Introduction

Viral Beef Tortilla Skewers, also known as Viral Beef Tortilla Kebabs, pair crispy golden tortillas with juicy, spiced beef, brushed with garlic butter and served with a bright jalapeño-cilantro crema. Shareable, photogenic, and ready in 30 minutes.

Prep	Cook	Total	Servings	Difficulty	Yield
15 min	15 min	30 min	6	Easy	12 skewers



Viral Beef Tortilla Skewers

The Viral Dinner That Took TikTok by Storm



Step-by-Step Visuals



Mix beef filling with spices



Stack and press layers evenly



Grill until crisp and golden



Layer tortillas with beef mixture



Thread onto skewers



Drizzle with cilantro-jalapeño crema

Ingredients

- 1 lb (450g) lean ground beef (90% lean recommended)
- 1 medium red bell pepper, finely diced (about ½ cup)
- 1 medium red onion, finely diced (about ³/₄ cup)
- 2 large garlic cloves, minced or pressed
- 1 medium jalapeño, deseeded and finely chopped
- 2 tbsp fresh flat-leaf parsley, finely chopped
- 1 tsp smoked paprika
- 1 tsp ground sumac (or 1 tsp lemon zest)
- 1 tsp fine sea salt
- ½ tsp freshly ground black pepper

Assembly

- 6 medium flour tortillas (8-inch diameter)
- 2 tbsp unsalted butter, melted
- 2 garlic cloves, minced (for garlic butter)
- 12 wooden or metal skewers

Jalapeño-Cilantro Crema

- 1 cup (240g) plain Greek yogurt
- 1 medium jalapeño, deseeded
- 2 large garlic cloves
- ½ cup fresh cilantro
- Juice of 1 large lemon
- 1/4 tsp fine sea salt
- 2 tbsp cold water

Step-by-Step Instructions

- **1.** Mix the filling: Combine beef, onion, pepper, jalapeño, parsley, and spices until evenly blended and slightly sticky. Refrigerate for 10 minutes.
- 2. Prep tortillas: Trim rounded edges to create squares. Warm slightly to prevent tearing.
- **3.** Spread and layer: Spread 2–3 tbsp beef mixture thinly on each tortilla (~¼ inch thick). Layer 3 tortillas with beef between each.
- **4.** Cut and skewer: Cut stack into 2-inch strips. Thread onto skewers (use two parallel skewers to prevent spinning).
- **5.** Cook: Grill medium-high 3–4 min/side with garlic butter; or skillet in lightly oiled cast iron until golden; or air fryer 375°F / 190°C ~12 min, flipping halfway.
- 6. Blend crema: Mix all crema ingredients until smooth; chill 10 minutes.
- 7. Serve: Brush skewers with garlic butter, rest 2–3 minutes, serve with crema.

Nutrition Facts (per serving – 2 skewers)

Calories	170 kcal	
Protein	13 g	
Fat	9 g (4 g saturated, 4 g unsaturated)	
Carbohydrates	12 g	
Fiber	1 g	
Sugar	2 g	
Sodium	220 mg	
Cholesterol	40 mg	

Summary. These **Viral Beef Tortilla Skewers** deliver crisp tortillas, juicy beef, and a bright crema—ready in 30 minutes. Perfect for parties, weeknights, and viral-worthy plating.